Help Available

for COPD and Asthma Patients





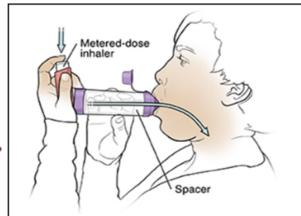
Did you know.....?

That if you are prescribed an inhaler like this

Then using a spacer like this with your inhaler will:-

- Increase the amount of medicine that gets into your lungs
 - Help recovery if you're hyperventiliating when you have been short of breath and need your inhaler
 - Reduce the risk of a severe asthma / COPD attack









Did you know.....?

That you can get one of these spacers from your local pharmacy without a prescription

(Usual Prescription charging arrangements will apply - they're free if you don't pay for your prescriptions)

Ask your pharmacist for details

Different types of spacer are available - Your pharmacist will give you the correct one for your inhaler